

### Step up: Seaman to Admiral

By AN Michelle Watkins  
Signature Staff

Now the Navy has another stepping stone for Sailors interested in moving up in their Naval careers. This program will not only allow Sailors to remain on active duty but would allow them to receive full pay and benefits while participating in the program.

Seaman to Admiral (STA-21) is a commissioning program for Sailors who are interested in becoming an officer in the United States Navy. STA-21 was established in 2001 and is comprised of 14 already existing commissioning programs.

People selected for STA-21 are still eligible for enlisted advancement until commissioning. STA-21 has no minimum time in service requirement. However applicants must meet the minimum age requirement set by the program they choose to enter.

STA-21 will allow enlisted personnel to go to the next level of leadership while gaining experience and education. Participants in the program can attend any Navy Reserve Officer's Training Corps affiliated university. Exceptions are those with nurse, nuclear and Civil Engineer Corps options who must attend specific schools. STA-21 does not allow participants to pursue medical degrees.

Tuition Assistance (TA), Montgomery GI Bill (MGIB) and Navy College Fund (NCF) are not available for those participating in the program. Participants may apply for grants, scholarships and student loans offered by other financial sources. Sailors in the program will receive up to \$10,000 per year to cover tuition, books and fees. Sailors who do not require the entire \$10,000 will not be eligible to keep the difference.

Certain criteria must first be met before Sailors can be selected for STA-21. Applicants must have a minimum SAT test score of 500 for Math and Verbal or ACT test score of 21 for Math and 20 for English. Applicants with the nuclear option must have a minimum combined SAT score of 1140 or ACT score of 50.

SAT/ACT scores are used to assist in determining a student's ability to complete a degree. Scores may also be used to assess if an individual is successfully able to complete calculus and calculus-based physics.

Certified copies of your last five evaluations must be submitted with applications. Applicants must also be found physically qualified for the commissioning option that they have selected. For more information contact NCC Kendall Dobison at 624-5924.

### NEX new program to locate children

By AN Michelle Watkins  
Signature Staff

Imagine the terror of not being able to find your child in a public place. With crimes against children increasing, retailers in the states decided to put a stop to it. Recently Navy Exchanges worldwide have implemented a program.

Navy Exchange Service Command (NEXCOM) has started the Code Adam Program to locate lost or missing children within a Navy Exchange.

"With the Code Adam Program starting in retail stores across America, Sigonella's NEX decided to also start the program," stated Navy Exchange Security Manager, Steve Schmidt. When a child is reported missing, a detailed description of the child such as name, age, hair and eye color, weight and height is obtained. Also a description of what the child is wearing.

Once information is obtained, a "Code Adam" is paged within the facility along with the description of the child. Store clerks and associates immediately begin monitoring the front doors. Other associates look throughout the store. Customers with children matching the description are asked to wait until management arrives. Management asks the child their name and if the adult they are with is their parent.

The missing child's parent or guardian will assist in identifying the lost child. If a child is not found within 10 minutes, base security is notified. If the child is found and appeared to be lost and unharmed they are reunited with the parent or guardian.

Efforts are made to delay any adult who is not the parent or legal guardian. However associates and other customers are not put at risk and Security will be called to investigate.

"The Navy Exchange decided to start "Code Adam", not because there is a problem in Sigonella, but to have procedures in place in case something happens," stated Schmidt.

## EODMU-8 members receive Bronze Star

By JOSN Steve Weaver  
Signature Staff

Two members of the Explosive Ordnance Disposal Mobile Unit Eight based at Naval Air Station Sigonella received Bronze Stars in a ceremony held on March 7.

BMC (EOD) Joseph J. Severino and EM1 (EOD) James M. Paddock were awarded one of our nation's highest military honors by Cmdr. Daniel Donovan, Commanding Officer of EODMU 8, in front of their fellow EODMU 8 "Thunderstealers", Capt. T. L. Davison, NASSIG Commanding Officer, and CMDCM Anthony B. Evangelista, NASSIG Command Master Chief.

The two Sailors earned the awards for ex-

ceptionally meritorious service while under direct fire in connection with combat operations in Afghanistan. Severino and Paddock were in Afghanistan in January 2002, conducting joint operations as attached members of Task Force Dagger in northern Afghanistan as part of Operation Enduring Freedom. Task Force Dagger was a joint special operations command working with Afghan resistance to defeat the Taliban government. EOD's task was to provide support to assault elements during execution their missions.

"They did an outstanding job as team members of Task Force Dagger, and their training and dedication was evident with

their outstanding performance," said BMC (EOD/SW/AW) Blair W. Schuchmann, EODMU 8 Command Master Chief.

During a two-night mission, both Sailors encountered intense enemy fire. "They were on a combat mission into a compound to get to where they actually had to do their work, which is to take care of the arms and explosives that were inside the compound," said Donovan.

"Everybody here at Mobile Unit 8 and EOD in general would have done the same thing if put in that situation," said Severino. "We train to meet those goals." Their training is a key to every situation. "We can't do this job without the

EOD, page 6

## Shake your shamrock this weekend at NAS I

By JO1 Craig Coleman  
Signature Staff

St. Patrick is famous for driving the snakes out of Ireland. MWR won't be frightening any reptiles away from Sigonella during the Shake Your Shamrock Festival today and Saturday, but they do hope to bring in St. Patty's Day fun.

This year's festival, starting at noon today through midnight, and Saturday 8 a.m. to midnight, offers traditional Sigonella festival activities, include carnival rides, food booths, games and live entertainment. It also has a few new participants, according to Kimberly Hasselbring, MWR Community Activities Director.

"My goal is to give local performers a chance to perform on stage, with lights and a sound system," said Hasselbring. In keeping with that goal, she signed two new American bands to play at the festival. The first, Pastafarian, plays reggae and rock tonight from 6:30 to 8 p.m. "I'm impressed with their music," said Hasselbring. "They're great musicians. It's not every day we get to hear reggae around here." The second American band of the festival is 13 Itch, a hard rock/punk band. "They performed at the Supply (Department) Christmas party and they really want more exposure," said Hasselbring. 13 Itch performs tonight at 9 p.m. Another live band performing at the Shake Your Shamrock Festival is Islands, who have played traditional Irish music at the last two festivals. The Italian carnival troupe Café Express will return to roam the festival area with clown acts, stilt walkers and face painters.

Another new-to-the-festival event is the Wing Stung demonstration, to be held Saturday at 4 p.m. in front of the stage. "Wing Stung is a Chinese martial art that focuses on defense," said Doug Hasselbring, MWR Sports Director. A form of Kung Fu, Wing Stung has been practiced for more than 300 years but is only now gaining exposure in the West. An interpreter will be on hand to sign up would-be Jackie Chans for a possible on base training program.



Kids and adults alike can have fun at this year's Shake Your Shamrock Festival being held at NAS I. Included in all the fun family events there will be a carnival and concerts.

Another festival tradition, Liberty Games for single Sailors, are scheduled. They have "set the stage for crazy competition for single Sailors," according to Kimberley Hasselbring. Jane Clark, MWR Liberty Intern, has planned and prepared games, including a Lucky Charms eating contest with green milk.

This year's Shake Your Shamrock Festival will include the ribbon cutting for the brand-new Community Park at 4 p.m. Saturday, located between Stephen Decatur School and the Navy Exchange Food Court.

There are three new booths numbered among the vendors at this year's festival. A new organization, the Sigonella Travelers Association, will have a booth. MWR sponsors a booth featuring hot drinks for the chilly Spring nights and the Navy Ball Committee will also host a booth. "This is the first time they've started their fundraising effort so early for that October event," said Hasselbring. Also participating is the Sigonella Animal Welfare Society

Shamrock, page 8

### American Red Cross Month

By AN Michelle Watkins  
Signature Staff

Last year victims of disasters from natural catastrophes such as hurricanes, floods, tornadoes and fires battled with difficult situations. The Red Cross was right there to provide services and invaluable tools to help the victims cope. The Red Cross continues today, as reflected in the past, helping those in need.

The American public first saw the makings of Red Cross in 1881 when it was founded by Clara Barton. Since then the Red Cross has helped first in the Spanish-American War, to providing assistance for the American public and the Armed Forces today.

Each president of the United States has proclaimed March to be Red Cross month since March 1943 when President Franklin D. Roosevelt issued the first Red Cross proclamation summoning men and women to volunteer for the "military of mercy."

When U.S. troops are deployed overseas, the American Red Cross goes with them, sending men and women to provide support for the armed forces. Red Cross workers also accompany service members around the world on peacekeeping missions, training exercises and combat missions.

Red Cross, page 3

### Proclamation of American Red Cross Month

By President George W. Bush

Throughout our history, Americans have been committed to helping the suffering, the disadvantaged, and those in need of help. The American Red Cross represents the compassion of our Nation in action. During American Red Cross Month, we honor this remarkable organization and recognize its proud heritage of service.

For more than 121 years, the Red Cross has upheld its mission to provide relief to victims of disasters and to help people prevent, prepare for, and respond to emergencies. Last year, the Red Cross helped victims of more than 70,000 disasters, ranging from dwelling fires to widespread catastrophes such as hurricanes, floods, tornadoes, and wildfires. Around the world, the Red Cross contributed to international efforts that aided other countries devastated by natural disasters, assisted people in getting access to safe drinking water, and battled malnutrition and life-threatening diseases. More than half a million U.S. military families received direct assistance from the Red Cross, helping them stay connected with their loved ones, despite difficult circumstances.

The American Red Cross also strengthens our communities by encouraging


Proclamation, page 3

### Hometown Weather

West Orange ●

High 44° F - Low 28° F  
Partly Cloudy





# Direct Line

**Capt. Tim Davison**  
**NASSIG**  
**Commanding Officer**

Can you believe this weather? It has been absolutely beautiful here the last week or so. This past weekend was fantastic. I hope you and your family were able to get out and see the wonderful sites Sicily has to offer. We live in a great host nation that offers us a variety of historical areas that are both educational and exciting. Making the most of your time here at NASSIG and in Sicily will be rewarding for years to come.

Making the most of your time...what really motivates you? Success? Money? Family? Travel? Promotions? Everyone has one or more motivating factors that drive them to do the best they can. I wanted to fly helicopters. So, I looked at ways to help me do what I wanted. I went to school, joined the Navy and learned how to fly. It is an incredible experience to fly. Thanks to the innovating thinking of Oliver and Wilbur Wright, we can fly.

But did you know that Leonardo di Vinci first came up with the idea of a helicopter...in 1483! Leonardo's aerial screw has been classified as the helicopter's ancestor. The aerial screw has almost the same concept of the helicopter. The prop of the aerial screw is a flat screw, and when turned it would create lift. Not only was he an artist, but he was a sculptor, architect, engineer, and scientist too. He used his time well and he was motivated!

How do you use your spare time? Do you go out to the pubs? Do you (and your wallet) hit the nightlife in Catania? If you'd rather feel a positive sense of accomplishment and contribution, what about volunteering? The school can always use volunteers in the classrooms and also with the Mentoring Program. What a wonderful opportunity to guide and encourage our children. By spending some of your time with the children, it shows them that someone cares about them and that they are important. Tired of seeing the stray cats that beg around both NAS I and NAS II? How about lending a hand with the Sigonella Animal Welfare Society? They'd sincerely appreciate the help and we'd more humanely control this feral feline population. What about improving your own capabilities through more school. Have you contacted the Navy Campus/College Office to see what opportunities exist to earn a degree? Did you hear about the "Spin" class MWR Sports offers Tuesdays and Thursdays during lunch at NAS II?


Seize the day. Make things happen. You are in control of your life. You have plenty of opportunities right here at NASSIG to succeed and make your place in this world.

## The Pulse

### What you should know about Ephedra and MaHuang supplements

Some dietary supplements are important for good health. For example, calcium can help prevent weak bones, a condition known as osteoporosis, and pregnant women should take folic acid to prevent certain birth defects. However, other dietary supplement ingredients have caused dangerous side effects. One ingredient of recent attention is Ephedra, which is sold as an energy booster or as a diet aid. It is a cardiovascular and central nervous system stimulant that has been associated with dangerous side effects such as heart attacks and strokes. Death has even resulted in cases where a person has taken too much Ephedra for too long.

A list of a few of the most popular ephedra-containing supplements and drinks includes: Metabolife® Shape-Fast, Plus®, Metabolite®, Ultimate Orange®, Xenadrine®, Ripped Fuel®, Diet Fuel®, Ripped Force®.



### SECURITY BLOTTER

#### CRIME STOPPER'S HOTLINE

**624-6389**

**March 3 - March 10**

The following incidents were reported and categorized as follows:

- Traffic accidents without injuries - 11
- Traffic accident with injuries - 4
- Car break-ins - 3
- DUI - 3
- DUI's 2003 - 14
- DUI's 2002 - 35

Look for these ingredients on the label: Ephedra (Ma Huang), caffeine (guarana, kola nut), and aspirin (willow bark, salicytes, salicylic acid). Serious side effects of taking ephedra include: stroke, heart attack, high blood pressure, seizures, fast heartbeat, nervousness, insomnia and others. People with a family history of heart disease, high blood pressure or a history of heart failure should not take supplements containing ephedra without consulting a doctor.

Further information regarding Ephedra and Guarana products include: Ephedra or Ma Huang, traditionally used for treatment of asthma and is found in over the counter antihistamines as pseudoephedrine. Ephedra is the precursor to methylamphetamine, a central nervous system stimulant, cardiac stimulant, vasodilator and raises blood pressure. Lethal if taken when a medical condition is present, or if taken in combination with high heat, humidity, untrained state and during exercise. All of these elevate the heart rate and blood pressure.

Ephedra has been of interest in the news recently with the untimely death of Baltimore Orioles pitching prospect, Steve Belcher. As reported by the Seattle Times on Feb. 18 Belcher died from complications caused by heatstroke, less than 24 hours after he complained of dizziness, he collapsed and was carried off the practice field on the third full day of spring training. He was 23 years old. A team doctor reported that Belcher's death was caused by "multi organ failure due to heatstroke." Team officials believe that Belcher may have been taking the supplement with ephedra. At the hospital, according to team doctor Goldiner, Bechler's body temperature was as high as 108 degrees.

How do ephedra-containing products work in the body and what will happen when a person stops taking ephedra-containing products? Ephedra or Ma Huang works on certain areas of the brain (Central Nervous System) to decrease appetite. In some people, it may even cause a short-term aversion to food.

### Navy MWR programs and services help meet fleet support challenge

By Ingrid Mueller,  
Navy MWR Communications Group

MILLINGTON, Tenn. (NNS) — With increased operational tempo and a long fight against terrorism ahead, it's more important than ever for the Navy's Morale, Welfare and Recreation (MWR) programs and services to help meet the special needs of Sailors deployed around the world.

The fleet support challenge for Navy MWR professionals is to assist Sailors in achieving personal readiness to ensure the Navy is an effective force. In an at-sea or overseas environment, this often means being creative and innovative in offering fitness and recreation opportunities.

"We take care of all Navy ships as equitably as we can," said Kelly Powell, head of Navy MWR's Mission Essential Branch. "When Sailors have some time off, we have to be able to come to the rescue, and we try to dial in on what the fleet is asking for," he said.

The core programs and services designed to help deployed Sailors better perform mission requirements are fitness equipment, afloat fitness and recreation directors, recreation and sports gear, Learning Media Resource Centers, movie program services and fleet entertainment.

"We're trying to make a difference in our Sailors' lives at sea," said Powell. He added that Navy MWR's focus is "fleet centric" and that he welcomes feedback from the fleet on their issues and concerns.

"Five years ago, most ships didn't have fitness programs at sea. Now, to maintain high fitness standards for deployed

support, we ensure all ships are fully equipped with quality fitness equipment before they deploy," said Powell. "We have also pre-positioned equipment at major fleet concentration areas to permit us to change out fitness equipment as it wears out from heavy use from embarked Sailors and Marines."

"One key initiative to help create a culture of fitness and personnel readiness in the force is recruiting and hiring professional afloat fitness directors and recreation specialists for all aircraft carriers, amphibious assault ships and tenders," continued Powell. More than half of that goal has been met, and a full-court press is on to reach 100 percent by the end of the fiscal year.

Navy MWR continues to look for new ways to provide recreation opportunities to those Sailors who prefer alternatives to working out in fitness rooms aboard ship, or to those who are assigned to small ships with limited workout options.

Watching movies is one of MWR's most popular leisure activities provided to Sailors at sea, as each ship can maintain a library with more than 600 titles and receives a monthly shipment of 16 new movies. The afloat movie program is designed to provide movie screening in small groups, over ship television systems, or in large groups using the large screen equipment package known as "cinema at sea initiative."

"The fleet can rely on us to provide new movies as fast as possible, as many as possible," said Ron Rossman, head of the Navy Motion Picture Service (NMPS) program. "We will continue our partnership with the film industry in creating

opportunities to provide special movie program events for Sailors and their families," he said.

NMPS will also continue to deploy Theater in a Box (TIB) units, which are innovative, self-contained movie systems consisting of a portable projector, screen, sound system and videotape player with 250 movies - all the equipment needed to run a movie program.

"These units give us the capability to provide quality service to forward-deployed shore forces, including various personnel with special missions in support of the war on terrorism," said Rossman. "The Theater in the Box systems are going to places where no other MWR programs or services exist, and we have been able to provide 25 of them so far — one unit for every request we've received," he explained. Rossman added that commanding officers of forward deployed ashore units can request a TIB directly through his office.

Navy MWR has also been bringing welcome diversions to the fleet in the form of quality live entertainment, and is on track to meet its FY-03 goal of increasing entertainment to ships by 20 percent. Some examples include Comics on Duty, the popular rock band 3 Doors Down, and athletes such as Napoleon McCullum, a Naval Academy graduate and former pro football player.

"Every entertainer I've worked with has been blown away by the professionalism and dedication of our Sailors," said Cheryl Anderson, special events and entertainment coordinator for Navy MWR. "It's good for the morale of our Sailors, too, who oftentimes can't believe a famous person or band has traveled thousands of miles to perform for them," she said.

"With this program," Anderson added, "I want Sailors to forget where they are for just a little bit."

### DFAS Working to Correct Overpayments

From Defense Finance and Accounting Service Public Affairs

ARLINGTON, Va. (NNS) — The Defense Finance and Accounting Service (DFAS) and the Navy are working to resolve overpayments made to approximately 2,200 Navy service members who were assigned to some afloat units between 1998 and 2000.

The overpayments occurred during the transition to upgraded pay systems and totaled approximately \$3 million. The overpayments were identified dur-

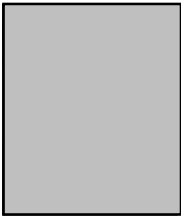
ing a routine audit by the Navy Field Examination Groups. Of the 2,200 accounts that will be affected, 1,100 are active duty. Affected Sailors are being notified by their chain of command and will be given the opportunity to schedule repayment over two years or apply for a waiver or remission of the debt. Those service members who were overpaid but are no longer on active duty will be notified by DFAS Debt and Claims Management.

"Correcting payment errors is the proper thing to do," said Rear Adm. Mark

A. Young, deputy director of DFAS. "The Defense Finance and Accounting Service works closely with its clients to prevent errors from occurring. In the unfortunate cases where errors occur, we coordinate collection actions closely with the fleets to ensure their fairness."

"Taking care of Sailors and the rest of the team that defends America is at the heart of our business," Young said. "DFAS and the Navy are working closely to minimize the impact of collecting this debt on the Sailors while fulfilling our fiscal responsibility to protect the resources entrusted to us by the American taxpayers."

### I am "they"



By Chaplain  
**Richard Townes**  
*Command Chaplain*

As a young man reporting for duty at my first post, I remember the greeting that awaited me. Inside the glass and tile entrance of our barracks was an oversized picture of Gen. Louis H. Wilson, the Commandant of the Marine Corps. The General stood like a statue, hands on hips, and scowl upon his chiseled face. "I am 'they'" was the quote directly below this photo.

Later that same day, I had the privilege of hearing Gen. Wilson speak. He walked into the conference room, bigger than life, and struck the same pose as in the photo. Again, with hands on hips and a scowl upon his face, this Medal of Honor winner bellowed out the same three words, "I am 'they!'" Then he looked around the room at the newbies and elaborated upon his awkward sentence. "When you say that 'they' are screwing with you, know that it's *ME* who's screwing

with you. I'm responsible for what happens in this corps." With that he exited leaving some surprised, some amazed and a few frightened.

I have harkened back to that day many times since. Whenever I had to make a difficult decision about someone in my employ or under my care, the General's words came ringing back to my ears. This concept of responsibility falls upon each of us. We're responsible for our own actions.

No one else drinks that extra beer and then decides to drive. No one else decides to sleep around with multiple partners. No one else turns over and goes back to sleep instead of getting up and off to work on time. These are personal decisions that need to be personally accounted for.

If Gen. Wilson could take responsibility for an entire corps, my thought is that you and I can take responsibility for our personal lives. We choose to do the right thing or the wrong thing. My hope is that each sailor and officer aboard NAS Sigonella will begin to think in the same terms of "I am 'they!'" as decisions are made within our commands and personal lives.

### NAS Sigonella Worship Opportunities

**Catholic Mass**  
Saturday 5 p.m. Chapel (NAS II)  
Sunday 9 a.m. Chapel (NAS I)  
Sunday 9 a.m. in Italian 41<sup>st</sup> Stormo Chapel (NAS II)  
Sunday 11 a.m. Community Center (Mineo)

**Protestant Liturgical Worship**  
Sunday 9 a.m. Chapel (NAS II)

**Protestant Worship**  
Sunday 9 a.m. community Center (Mineo)  
Sunday 11 a.m. Chapel (NAS I)

**Latter Day Saints**  
Sunday 1 p.m. Chapel (NAS I)

**Church of Christ**  
Sunday 3:30 p.m. Chapel (NAS I)

**Jewish Shabbat Service**  
Last Friday of the month 5 p.m. Chapel (NAS I)

**Weekdays**  
Daily Catholic Mass 11:30 a.m. (NAS I & II Chapels)  
Wednesday Protestant Bible Study 4:45 p.m. (NAS II Chapel)  
For more details, call 624-4295 or 624-2947.

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# NAVY NEWS

## Mentor a Sailor, Develop a Future Leader

By JO2 Edward Flynn  
Naval Personnel  
Development Command  
Public Affairs

LITTLE CREEK, Va. (NNS) — The Navy has always placed great emphasis on mentoring its junior people to ensure their success. Today, the Navy is formalizing a process that will hold leaders accountable for not only mission accomplishment, but for the development of their Sailors, as well.

“We all have an inherent

responsibility to ensure the growth and development of the people who work for us,” said Chief of Naval Operations Master Chief (SS/SW/AW) Phil Russell, Naval Personnel Development Command command master chief. “We have never before programmatically asked our leaders to get as engaged and involved in the mechanics of making that happen for our Sailors, as we are going to in the future.”

A working group of fleet master chiefs has been established and is being supported

by the Center for Naval Leadership (CNL) to develop guidelines for the fleet. Because mentoring skills are a key component of leadership and are an integral part of a Sailor’s entire career, CNL will provide training solutions to deliver the knowledge, skills and abilities our leaders need to support the program. By formalizing the process, both senior and junior Sailors will have a clear understanding of what mentorship is and how it works.

“Everyone in the Navy

will have a mentor and be a mentor,” said Russell. “Each one of us in a leadership role — whether by experience, or position — has a responsibility and obligation to mentor the Sailors who work for us or with us, to help them be successful at what they do.”

For more information about mentorship, visit the Center for Naval Leadership on Navy Knowledge Online, [www.nko.navy.mil](http://www.nko.navy.mil).

## eBusiness Office Announces Second Round of FY 2003 Pilot Projects

From Naval Supply  
Systems Command  
Public Affairs

WASHINGTON (NNS) — The Department of the Navy (DON) eBusiness Operations Office has announced \$3 million in funding for their next portfolio of fiscal year 2003 eBusiness pilot projects.

With projects ranging from pilot simulation tools to real-time training qualification and weapons systems management, this line-up includes the following five pilots: Aircraft Shot and Recovery Log (ASRL) for the Naval Air Warfare Center aircraft division in Lakehurst, N.J. ASRL will reduce time, cost and errors in the collection, storage and distribution of critical flight safety information for the Navy’s V-2 aircraft. The use of simulation as an on-board training tool for pilots and squadrons to access real-time performance data will be an added function of the pilot project.

Base Operational Services/Facility Support Contracts for the Naval Facilities Systems Command in Washington, D.C. This initiative will provide an

## Welcome aboard



**Gulf of Aden (Mar. 7, 2003) -- A Rigid Hull Inflatable Boat (RHIB) makes a return trip from the frigate USS Gary (FFG 51), to the amphibious command and control ship USS Mount Whitney (LCC/JCC-20) after transferring two new crewmembers who were reporting for duty aboard the frigate. Mount Whitney and embarked U.S. Marines are deployed to the Horn of Africa region to conduct missions in support of Operation Enduring Freedom and the continuing war on terrorism.**

online tool to perform program reviews, spending analyses, and improve the management of service contracts for the Navy’s \$1.7 billion Facilities Service program.

Naval Survival Training Institute Learning Management System for the Naval Operations Medicine Institute Detachment in Pensacola, Fla. This pilot project will interface with and enhance existing Chief of Naval Operations and Chief of Naval Education and Training data repositories to provide real-time recording, reporting, scheduling and archiving of all Naval Sur-

vival Training Institute qualifications.

Clinical Decision Support System for the Naval Hospital in Jacksonville, Fla. This effort leverages the open-source architecture of the Medical Appointing pilot project by adding population health reporting, data mining, clinical practice guidelines, case management and referral tracking functionality to improve workflow and decision-making processes.

Clinger-Cohen Compliance for the Naval Air Systems Command, Patuxent River, Md. The Clinger-Cohen Act was enacted in 1996 to streamline information technology (IT) acquisitions and emphasize life cycle management of IT as a capital investment. By integrating Clinger-Cohen Act requirements with automated information and weapon systems, this prototype system will perform

end-to-end processing, accommodate total process visibility and records management and produce a better process for IT procurements.

The DON eBusiness Operations Office helps Navy and Marine Corps e-business concepts to become realities. Pilot submissions are evaluated continuously from Navy and Marine Corps commands, with the opportunity to have a submission selected for funding on an ongoing basis.

Ideas for pilot projects may be submitted to <http://www.don-ebusiness.navsup.navy.mil>. If you are interested in an appointment with a representative from the DON eBusiness Operations Office, please contact the office via email, [pilot\\_projects@navsup.navy.mil](mailto:pilot_projects@navsup.navy.mil), or phone, 717-605-9405, DSN 430-9405.

### Proclamation from page 1

citizens to be involved and to help their neighbors in need. Last year, more than 1.2 million everyday heroes volunteered at their local Red Cross chapters, and almost 12 million more took the time to learn lifesaving skills such as first aid, CPR, and defibrillator use. And more than 4 million citizens answered the call for blood donors, giving 7.2 million blood donations through the American Red Cross.

During these times of great consequence, the mission of the Red Cross is more critical than ever. As our Nation confronts new challenges, the American Red Cross and its partners are working with the Federal Government and the emergency planning community to help keep America safe. Through its “Together We Prepare” campaign, the Red Cross is a vital partner with the Department of Homeland Security in empowering individuals and families to protect themselves and be prepared for the unexpected.

Countless people across our country turn to the American Red Cross every day for blood and blood prod-



## The Electronic Marquee at NAS 1 Will Be Moving

The electronic marquee sign, currently located next to the Housing Office, will be moved to a more prominent location on Halsey Road at the north end of the new park and playground. The electronic sign will be moved preceding the completion of the new North-South Road planned in late April. The sign will be located close to the corner of Halsey Road and the new North-South Road to catch the eyes of the largest number of Sigonellans.

Look for the new sign soon but don’t forget to watch for children in the area of the park at the same time. Other improvements we plan for the park include additional benches and trash containers in the area of the playground.

**How SIG 2.3 Affects You:** We opened the park in early February

as soon as the grass stabilized to allow the children to play. We will officially open the park with a small ceremony at 4 p.m. today as part of the Shake Your Shamrock Festival.

Utilities work will continue on Halsey Road in front of the Stephen Decatur School through the end of June.

Please be careful in this area, stay on the sidewalk, and do not try to pick up or drop off your children during the Bus Periods (7:15 to 8 a.m. and 2 to 3 p.m.)

If you have any questions about the SIG 2.3 construction, contact Lt. Darren Hale at [haled@nassig.sicily.navy.mil](mailto:haled@nassig.sicily.navy.mil).

## HealthWatch: Glaucoma can steal vision without warning

By Aveline V. Allen, Bureau  
of Medicine and Surgery  
Public Affairs

WASHINGTON (NNS) — Visual health is paramount to maintaining good eyesight, but there may be hidden risks you don’t see coming your way. Did you know three million Americans have glaucoma, but only half of that number know they have it?

The Glaucoma Research Foundation (GRF) defines glaucoma as a group of eye diseases that gradually steals sight without warning and many times without symptoms. Injury or damage to the optic nerve is what causes vision loss with this disease.

The two main types of glaucoma are open angle and angle closure.

“The most common type of open angle glaucoma is primary open angle glaucoma,” said Cmdr. Kerry E. Hunt, Navy specialty leader for ophthalmology. “In most, but not all cases, the pressure within the eye slowly increases and exerts pressure on the optic nerve. The underlying cause of increased pressure within the eye is poorly understood.”

There are virtually no symptoms associated with open angle glaucoma, and no real warning signs to let you know it’s coming. If it is not detected and treated in the early stages, you will slowly lose your vision.

The second type of glaucoma, angle closure glaucoma, also known as narrow angle glaucoma, makes the eye pressure rise very quickly. The GRF explains that this type of glaucoma is more rare than open angle glaucoma.

“With this type of glaucoma, fluid within the eye is blocked from exiting, and the pressure can rise quickly and to very high levels,” said Hunt.

The space between the iris and cornea are somewhat narrow and not as wide and open as normal. Some of the symptoms included with this type of glaucoma are headaches, eye pain, nausea and very blurred vision.

“Both of these types of glaucoma are treatable with medication, most likely with eye drops or surgery,” said Hunt.

In some cases, doctors may use both eye drops and surgery to correct the problem. Both forms of treatment allow the fluid to drain from the eye and lessens the amount of fluid that the eye produces.

“In the recent years, several excellent advancements in therapy have occurred,” said Capt. Matthew J. Nutaitis, an ophthalmologist at National Naval Medical Center, Bethesda, Md.

“Treatment is available. Patients should not hesitate to get a full eye exam to make sure their eyes are healthy,” said Nutaitis.

Anyone may get glaucoma, but the risks are higher for some individuals. The GRF reports those at higher risk include African-Americans, Asian-Americans, persons over 60 years old, or those with a family history of glaucoma and eye injuries.

Medical experts recommend those at higher risk have a complete eye exam with eye dilation every one to two years.

“Ophthalmologists have many successful treatment options to offer their patients with glaucoma,” said Nutaitis. “Early diagnosis, before permanent damage occurs, is the key to preserving vision during a patient’s lifetime.”

ucts, disaster assistance, and vital community services. We are grateful for this essential and inspiring organization, and we celebrate its legacy of help, hope, and healing for those in need.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America and Honorary Chairman of the American Red Cross, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim March 2003 as American Red Cross Month. As we celebrate this month, I call upon all citizens to become partners in preparedness with their local Red Cross chapters and to become active participants in advancing the noble mission of the American Red Cross.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-eighth day of February, in the year of our Lord two thousand three, and of the Independence of the United States of America the two hundred and twenty-seventh.

## News Briefs

### Flight Line Clinic Policy

In order to be seen for appointments at the Flight Line Clinic, service members must be the uniform of the day, or have approved leave or civilian clothes chit.

### Pain Reliever Recall

Perrigo Company is issuing a recall of multiple lots of cherry flavored NEX brand children’s acetaminophen suspension pain reliever due to acetaminophen results that might be slightly out specification for a small portion for lots produced between January 2001 and September 2001. The probability of health consequences is rare. Due to this fact Sigonallans can return used or unopened product to the NEX for a full refund.

### NLSO and Tax Center Closures

The Tax Center will close today at 2 p.m. for a command function. NLSO will also close March 21, until 1 p.m. for passport and visa training. Business has slowed to the point that the “extended hours”, which included evenings and weekends, will no longer be in effect until demand again requires it.

### UMUC Registration

It is that time of year again. UMUC registration for term 4 begins March 17. The last day to register is March 28. Classes start March 30 through May 23. Call 624-4492/2518.

### Gift Certificate Available

Give the gift of life with an American Red Cross CPR and First Aid Gift Certificate. What greater gift can you give than to help someone be prepared to save a life? Gift certificates are available for CPR/First Aid courses, First Aid Kits and much more. Call 624-5446/5921.

### Ecumenical Bible-Based family relationship course

An Ecumenical Bible-Based family relationship course will be offered beginning Tuesday at 5:30-7:30 p.m. in the NAS 1 Chapel. The course is designed to assist in parenting skills and family relationships. Please call the Chapel Office for more information at 624-4295.

### Red Cross from page 1

Red Cross Armed Forces Emergency Services mobile staff are ready to report to duty on a moments notice. Just like the military members, they must also leave their family and loved ones behind.

The main mission of the American Red Cross emergency services is to relay messages between families and service members in cases of emergency or celebrations such as the birth of a baby.

The Red Cross also provides financial assistance to military families in crisis, counseling, referrals and other social services.

In order to offer lifesaving services and programs, the Red Cross national headquarters and chapters around the world depend on contributions of blood, tissue, and money. However each Red Cross organization depends on volunteers to help them operate “The Red Cross Sigonella office would not be able to function with out our volunteers. Ninety percent of our office are volunteers,” stated Sigonella Red Cross Acting Station Manager, Suzanne Dipietro.

“The American Red Cross also strengthens our communities by encouraging citizens to be involved and to help their neighbors in need... The Red Cross is a vital partner with the Department of Homeland Security in empowering individuals and families to protect themselves and be prepared for the unexpected,” said Bush.

Red Cross organizations including Sigonella’s Red Cross also provides courses such as first aid and CPR. For information on volunteering call 624-5921.





By Alberto Lunetta  
Signature Staff

A touch of Morocco in  
Siracusa

If you want to get a glimpse of the Mediterranean lifestyle, you should plan to attend the *Grande Settimana del Marocco*, an amazing festival celebrating the delights of Moroccan food, people and music. This exciting and colorful event, during which the folk traditions of Morocco truly come alive, will run from March 21 through 30 in Siracusa at the *Fiera del Sud*, a pavilion complex with 500 stands.

Artists, craftsmen, musicians, Henna tattooists and chefs coming from all corners of Morocco will participate in the festival. Moroccan traditional food scented and spiced with saffron, olive oil, mint, cumin, peppers, ginger, cloves and a host of other spices will tantalize your palate. Traditional specialties include spiced olives, carrot soup, spicy meatballs, spiced beans, kebabs, chickpeas with raisins, baked fish, couscous (with lamb or chicken), *batinjaan zalud* (eggplant salad), and desserts such as honey pastries, *m'hanncha* (almond and cinnamon pastry), date pudding, mint tea and more.

Tapestries, carpets, metalwork, woodwork, leather goods, silk embroidery, pots and pans, copper trinkets and tribal jewels would also be available to you to strike a bargain. Festival-goers would get a chance to plunge into a typical Moroccan square, and experience at first hand a place where Moroccans meet, socialize, shop, trade and have fun. The festival kicks off on March 21 at 4:30 p.m. with a spectacular Moroccan costumes parade and the re-enactment of a traditional Moroccan wedding. Food stalls would be open daily from 4 to 11 p.m.; on the weekends it's open from 10 a.m. to 11 p.m. Folklore shows will be held on March 22 at 8 p.m., 26 at 9 p.m., 28 at 4:30 p.m.

(featuring children entertainment) and 9 p.m. On March 30, grand finale shows would be held all day long starting at 10:30 a.m.

The *Fiera del Sud* is located in the northern part of Siracusa in viale. Epipoli 250. It can be easily reached by exiting *Belvedere* on the Catania-Siracusa national road n. 114 and following the signs for the *Fiera del Sud*. For more information, fees and detailed schedule please call 0931-740888.

Palagonia hosts Blood  
Orange Festival

The annual Blood Orange Festival kicks off today in Palagonia, a beautiful town nestled on a hilltop overlooking the Plain of Catania. The festival will run through March 16. It will be held in piazza Garibaldi, Palagonia's main square and will feature exhibits, programs for children and families, parades, and trips to the local archaeological sites. The festival will celebrate the *Tarocco Gallo*, a delicious eye catching variety of *arance rosse* (blood oranges) that has been successfully cultivated in Palagonia since 15 years. Although blood oranges flourish throughout the Mediterranean countries, Eastern Sicily boasts some among the most distinctive blood orange groves in the world, which also include the Moro, and Sanguinello varieties. The Palagonia *Tarocco* blood orange is a very flavorful citrus fruit with a sweet, deep red colored flesh. It is a very good source of vitamin C, minerals and fiber. *Tarocco's* reddish feature is due to the presence of red pigment called anthocyanin which also give the oranges a berry-like taste and color that ranges from orange veined with ruby to vermilion, vivid crimson and almost black. Scientists uphold that these pigments reduce the risk of cancer, strengthen the circulatory system, cure ulcers and inhibit cholesterol synthesis providing protection against heart disease.

Festival-goers can sample a large array of orange-based food such as orange cakes, jams, juices, ice creams, and salads and other local food specialties.

Festival Schedule

Today, the Festival opens at 5 p.m. with a music show performed by the city band that will accompany a spectacular cheerleader parade leaving from the City Hall and arriving in piazza Garibaldi. Later, at 6 p.m. stands, which are set up in piazza Garibaldi, open for a free tasting and purchasing of orange-based foods. Tonight, another cheerleader show is performed at 8 p.m.

On March 15, kids fun activities begin at 9 a.m. in piazza Garibaldi. Later, at 10 a.m., all festival visitors interested in visiting the most important archeological sites, such as the one situated in the *Coste* area should meet in piazza Garibaldi. The *Coste* archeological complex is strategically located on the summit of the *Iblei* Mountains overlooking the volcano Etna, the Catania coastline and both the *Madonie*, and the *Erei* Mountains. The *Eremo di Santa Febronia* or Hermitage of Saint Febronia (the city patron saint), a splendid Byzantine basilica carved in limestone rocks and dating back to the seventh century, is the highlight of the archeological area. Inside the church, precious early Christian frescoes depicting events from the Old and New Testa-



Picture courtesy of Palagonia Tourist Office

From March 14 through 16, Palagonia will hosts an amazing Blood Orange Festival featuring exhibits, fun programs for children, parades, concerts, folklore shows and trips to the local archaeological sites. The festival will celebrate the *Tarocco Gallo*, a delicious eye catching variety of *arance rosse* (Blood Oranges) that has been successfully cultivated in Palagonia since 15 years. Eastern Sicily boasts some among the most distinctive Blood Orange groves in the world.

ments are featured in the apse. Other stunning mural paintings dating from the 13<sup>th</sup> to the 14<sup>th</sup> century decorate the side aisles. These frescoes depict scenes from the martyrdom of Santa Febronia and other saints.

In the afternoon, food booths open at 4 p.m. Later on, a folklore show featuring traditional Sicilian carts begins at 5 p.m. In the evening, live musical entertainment starts at 8 p.m. in piazza Garibaldi.

On March 16, booths open at 9:30 a.m. in piazza Garibaldi. A folklore show is held at 5 p.m.

In the evening, a jazz music concert kicks off at 8 p.m. in the main square.

Reaching Palagonia is easy. It is located only 20 minutes from NAS II. Take the Catania-Gela national road n. 417 and exit Palagonia. For more information call Palagonia City Hall at 095-7950111.

SUNDAY		MONAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
<div>COMMUNITY CALENDAR</div>										14	<b>Shake Your Shamrock Festival</b> until March 15 Noon to Midnight NAS I See page 8 for details		15	<b>SEABEE Ball</b> Call 624-6912
16	<b>Wine Tasting and Artists' Studio Tour</b> ITT 624-4396	17	<b>St. Patricks Day</b> 	18	<b>Beary Special Sibs</b> 3 to 4:30 p.m. pediatric waiting room 624-4291	19	<b>Navy College New Hours</b> Mon-Thur 8:30 a.m. to 3:30 p.m. Fri 8:30 a.m. to 12:20 p.m.	20	<b>E-4 Exam</b> 6:45 a.m. NAS II Gym	21	<b>Mardi Gras Day</b> 4 to 5 p.m. BLAST Call 624-3712	22	<b>Catania Market Trip</b> 9 a.m. Liberty Call 624-5187	
23	<b>Wine Tasting and Studio Tour</b> ITT Call 624-4396	24	<b>Kindergarten Registration</b> until April 7	25	<b>Boys and Girls of America Torch Club</b> every Tuesday 4 to 5 p.m. 205 Housing	26	<b>Treasure Hunt</b> 4 to 5 p.m. BLAST Call 624-3712	27	<b>Taormina City and Shopping</b> ITT Call 624-4396	28	<b>Women's Heritage Month Luncheon</b> 1 to 3 p.m. NAS II Galley	29	<b>Agrigento Valley of the Temples</b> ITT Call 624-4396	
30	<b>Randazzo Market and Valle Galfina Wine Tasting</b> ITT Call 624-4396	31	<b>FreeTennis Clinic</b> until April 5 5 to 6:30 p.m. NAS II tennis courts Call 624-2710	1	<b>Veteran Affairs GMT</b> 8 to 10 a.m. NAS I theatre	2	<b>Rainbow Playgroup</b> 10 to 11 a.m. 205 Housing	3	<b>Consumer Awareness Meeting</b> 1:30 p.m. Retention Center traning room Call 624-2363	4	<b>Catania Shopping</b> ITT Call 624-4396	5	<b>Mirabella Imbaccari Lace Village</b> ITT Call 624-4396	
6	<b>Ficuzza and Corleone Winery</b> ITT Call 624-4396	7	<b>Intermural Softball Starts</b> Call 624-4483/5243	8	<b>Movie Day at Blast</b> Call 624-3712	9	<b>Piazza Armerina Roman Village and Enna</b> ITT Call 624-4396	10	<b>Chinese Dineout</b> depart 7:30 p.m. Liberty Call 624-5187	11	<b>Castle Tour</b> ITT Call 624-4396	12	<b>Fishing Trip Aci Trezza Bay Area</b> AU Call 634-4271	

EOD from page 1



Photo by JDSN Steve Weaver

EODMU-8 “Thunderstealers,” at center are EM1 James M. Paddock and BMC Joseph J. Severino. Paddock and Severino were awarded the Bronze Star for their actions with Task Force Dagger, a joint special operations command in northern Afghanistan as part of Operation Enduring Freedom.

training we receive,” said Severino. The two EOD technicians said performing the mission, and thus earning the awards, was a team effort. “We earned it because of the people we were with,” said Severino. “It was also being in the right place at the right time.” “There were a lot of people involved,” said Paddock. “It was a team effort.”

Fighting the war on terrorism is definitely a team effort for the EOD community on NASSIG, who keep a very busy schedule. “Our operational tempo is very high here. Most of my EOD technicians are out the door doing their jobs,” said Donovan.

Severino and Paddock recognize that they are just part of this team. “They’re just two of many Sailors here at EOD who are working hard in this war against terrorism,” said Donovan.

“These guys are the operational teeth of the base,” said Davison. “These guys have a much higher op-tempo than anybody else on the base. The fact that you don’t see them very much on the base is because they’re typically off doing missions throughout the European theater.”

Capt. John E. Fraser, Commander of Explosive Ordnance Disposal Group Two, in an e-mail read to those attending the ceremony, said these two Sailors have proven that EOD technicians can perform their mission in any environment, anytime, and with anyone.

“We’re real proud of what these two gentlemen did, they put their lives on the line for our nation’s defense,” said Davison.

Both were also awarded the Combat Action Ribbon in conjunction with the Bronze Star Medal.

The Bronze Star was authorized on February 4, 1944. It is awarded to members of all branches of military service and is awarded for heroic or meritorious achievement of service, not involving aerial flight in connection with operations against an opposing armed force.

Festival Schedule

	FRIDAY	
Noon	Festival begins	12 - 3 p.m.
2 p.m.	Carnival opens	(ages 4 and under) at CDC
3 - 4 p.m.	Open karaoke	1 - 3 p.m.
5 - 6:30 p.m.	Arm Wrestling	2 - 3 p.m.
6:30 - 8 p.m.	Pasatfarians	3 - 4 p.m.
American band playing reggae and rock		Fitness Challenge
7:30 - 9 p.m.	Liberty Games	4 -4:30 p.m.
9 - 10 p.m.	13 Itch American	demonstration in front of stage
band playing hard rock and punk		4 -6 p.m.
10 - 11 p.m.	Liberty Games	4:30 - 6 p.m.
Midnight	Festival closes	Challenge
		6 p.m.
	SATURDAY	contests prizes awarded
7:30 - 8 a.m.	Pre-registration	6 - 7:30 p.m.
for 2K/5K Fun Run at NAS I GYM		music by Islands
8:30 a.m.	2K you (on base) and 5K	7:30 - 9 p.m.
adult run begins at NAS I Gym		9 - 10:30 p.m.
Noon	Festival opens s	Orphans live alternative rock band
12 - 3 p.m.	Youth Activities	10:30 - midnight
		Open Karaoke

Shamrock from page 1

(SAWS). SAWS will have a table where information on pet care, including leishmaniasis, small pox, the importance of spaying/neutering and base guidelines for pet ownership will be available. With so many events and so many people on

base special parking arrangements were made. Festival-goers should plan to use alternate parking areas. “Because of recapitalization and carnival rides, a lot of the ordinary parking spaces will be filled,” said Nilsa Diaz-Jarero, MWR Marketing Director. “We have alternate parking arrangements.”

Trivia Answers

- 1) Upsel, in 1919
- 2) 44.5 cts 3) Jack in the Box
- 4) the Spiders
- 5) 1934 Ford V-8 truck

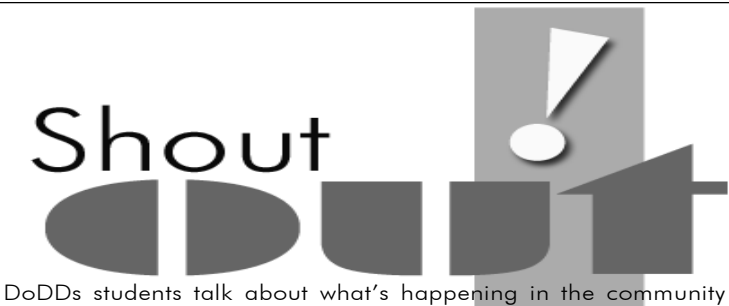


# Famous Speeches

## TV Shows

IN THE HEAT  
OF THE NIGHT  
KOJAK  
LAND OF THE GIANTS  
LEGEND  
LITTLE HOUSE ON THE PRAIRIE  
LOVEJOY  
MIAMI VICE  
MICHAEL HAYES  
MISSION IMPOSSIBLE  
MOONLIGHTING  
MY FAVORITE MARTIAN  
PERRY MASON  
REMINGTON STEELE  
RIPLEYS BELIEVE IT OR NOT  
SIX MILLION DOLLAR MAN  
STARSKY AND HUTCH  
STAR TREK  
ST ELSEWHERE  
TALES FROM THE CRYPT  
THE ABBOTT AND COSTELLO SHOW  
THE ANDY GRIFFITH SHOW  
THE BEVERLY HILLBILLIES  
THE BIONIC WOMAN  
THE DICK VAN DYKE SHOW  
THE DUKES OF HAZZARD  
THE GREATEST AMERICAN HERO  
THE PRETENDER  
THE ROCKFORD FILES

ADDAMS FAMILY  
ALF  
ALICE  
AMEN  
AMERICAN GOTHIC  
BATMAN  
BATTLESTAR GALACTICA  
BEAUTY AND THE BEAST  
CAROLINE IN THE CITY  
CHEERS  
CHICO AND THE MAN  
CHIPS  
CHRISTY  
DARK SKIES  
DREAM ON  
EMERGENCY GUNSMOKE  
HAVE GUN WILL TRAVEL  
HILL STREET BLUES  
HOMEFRONT



DoDDs students talk about what's happening in the community

## Showtimes for the Wizard of Oz

March 14      Curtain call is 12:30 p.m. and 7 p.m.  
March 15      Curtain call is 3 p.m. and 6 p.m.

All shows are in the Stephen Decatur High School multi-purpose room

## Kindergarten Registration at Stephen Decatur Elementary

Parents of children, who will be five by Oct. 31, should register at Stephen Decatur Elementary March 24 to April 7. Please drop by the elementary office from 9 a.m. to 3 p.m. to pick up your registration packet. You will need to bring a copy of sponsor's orders along with your child's social security number, birth certificate or passport and shot records in order to register. It is essential for you to register during this time in order for us to properly staff for next school year. If you have any questions, please call us at 624-4406 or 3001. We are looking forward to having your little one with us next school year!

### Schedule for upcoming events

March 15      9:30 a.m.      Jaguar Girls Soccer vs. AOSR  
                  9:45 a.m.      Jaguar tennis vs. AOSR  
                  11:30 a.m.      Jaguar Boys soccer vs. AOSR  
March 17-19    7:45 a.m.      Terra Nova Testing during school

**Fri. March 14**  
National Potato Chip Day. Half-price chips from 11 a.m. to 4 p.m. at Take 5.  
Bring your pool shooting skills to JOX for an 8-ball tournament at 8 p.m.  
Wild and Wacky Liberty Games Sign up for challenges at the MWR tent at the Shake Your Shamrock Festival to see if you can bring home the "Pot 'O' Gold".

**Sat. March 15**  
Join ITT for an off-road adventure of Mt. Etna. Leave the tour bus behind and tour Mt. Etna in the latest off-road vehicles with a personal driver a tour guide.  
Join AU for a Fishing Day at Palazzolo Acireide near Sicarcusa. Go fishing in a stocked pond.

**Sun. March 16**  
Travel to Messina and the Castle of Milazzo with ITT. See the Dome-Bell Tower with the largest clock-work mechanism in the world.

**Mon. March 17**  
Enjoy a free St. Patrick's Day Rice Krispy treat at Take 5 while supplies last.  
Play BINGO at 5:30 p.m. at Live Wire.

**Tues. March 18**  
Boy's and Girl's of America Torch Club meets Tuesdays from 4 p.m. to 5 p.m.

**Weds. March 19**  
Preteen Science Club at 205 from 4 p.m. to 5 p.m.  
Teens, take a chance and try your luck with NAS I after school challenges every Wednesday at 3pm.  
Sing your heart out at JOX Karaoke and All Request Night at 6:30 p.m.

**Thurs. March 20**  
Stop by Take 5 to play Monopoly. Free to play and win!  
Join ITT for a tour of Acireale, known for its castles and Greek legends and have fun shopping afterwards.  
Get a massage every Monday, Thursday and Friday from 10 to 6. Call the NAS I fitness center at x4483 for more info.

TRIVIA

What was the only horse to beat Man O' War during his career?  
How much does the Hope diamond weigh in carats?  
What fast food chain offered the first drive-thru?  
What name did baseball's Cleveland team go by before the Indians?  
What was the first classical car owned by Jay Leno, which he restored at the age of 14?  
(Answers on page 5)

Movie Connection  
MWIE's Theater Schedule

Friday, March 14

5:30 p.m.  
Shanghai Knights(PG-13)

8 p.m.  
Narc (R) \*\*

10 p.m.  
Daredevil (PG-13)

Saturday, March 15

11 a.m.  
Pinocchio (G)

2 p.m.  
A Guy Thing (PG-13)

4:30 p.m.  
Solaris (PG-13)

7 p.m.  
Catch Me If You Can (PG-13)

10 p.m.  
Cradle 2 The Grave (PG-13)

Sunday, March 16

1 p.m.  
Pinocchio (G)

3:30 p.m.  
Solaris (PG-13)

6 p.m.  
Catch Me If You Can (PG-13)

Monday, March 17

5:30 p.m.  
Solaris (PG-13) \*

8 p.m.  
Catch Me If You Can (PG-13)

Tuesday, March 18

5:30 p.m.  
Daredevil (PG-13)

8 p.m.  
Just Married (PG-13)

Wednesday, March 19

5:30 p.m.  
Antwone Fisher (PG-13)

8 p.m.  
Shanghai Knights (PG-13)

Thursday, March 20

5:30 p.m.  
Lord of the Rings: Two Towers (PG-13)

9 p.m.  
A Guy Thing (PG-13)

Friday, March 21

5:30 p.m.  
Catch Me If You Can (PG-13)

8:30 p.m.  
Final Destination 2 (R) \*\*

10 p.m.  
Cradle 2 The Grave (R)

\*\*\* Future Re-release    \*\*Sneak Preview    \*Last Showing  
(All times and movies are subject to change. For more information on the schedule, call the movie hotline at

This Week on...

Sat. Mar 15- One on One (Season Finale)  
AFN Atlantic 2:00 PM

Sat. Mar 15- Enterprise (Season Premiere)  
AFN Atlantic 3:00 PM

Mon. Mar 17- JAG  
AFN Atlantic 8:00 PM

Tue. Mar 18- NAACP Image Awards  
AFN Atlantic 8:00 PM

Wed. Mar 19- George Lopez (Season Premiere)  
AFN Atlantic 7:00 PM

CATCH 'FEEDBACK' 1ST&3RD WEDNESDAYS  
OF EACH MONTH AT 6:30 PM

ZFM 106.0 NOW PLAYS COUNTRY AND  
WESTERN 9-11AM

myafn.net